

# INSTRUCTIONS

## #28 STATIC PROGRESSIVE POSITIONING TO EXTEND MP JOINT & WRIST

Provides static progressive positioning to help correct elastic flexion contractures and joint tightness.

Contra indicated for Fixed Contractures, Fragile Skin, Severe Edema, and Unhealed Fractures.

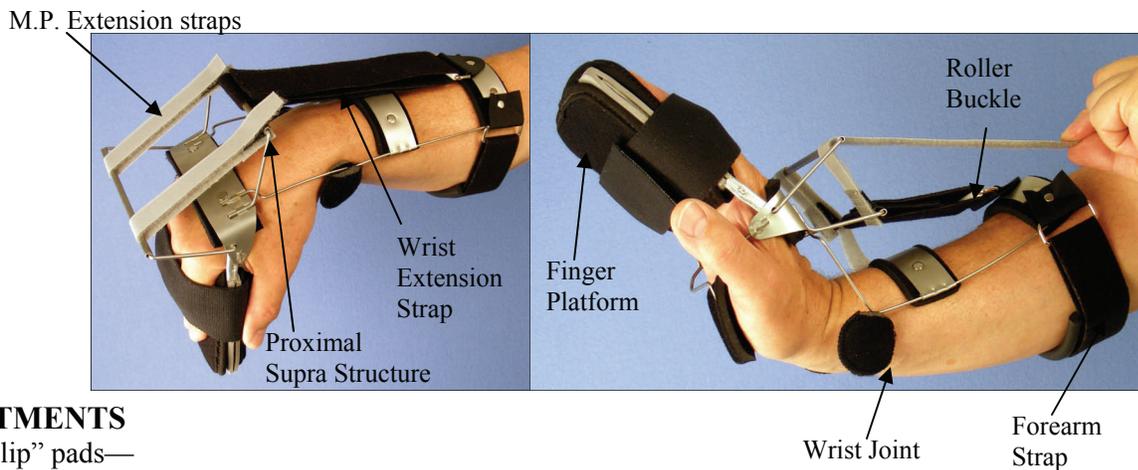
\*Tightening straps will exert a force to extend joints. Range of motion should be increased very gradually, and tolerated by the patient. Excessive force can cause joint damage, skin breakdown, and pain. Do not be overly aggressive. Depending on condition of patient, establish an appropriate schedule for wearing, skin examination and amount of force.

### APPLICATION

Loosen straps. Slide hand into splint with fingers comfortably resting on platform. Joint at wrist. Adjust finger separators. Position and secure strap for fingers to liner on underside of platform. Comfortably wrap strap around fingers and secure to hook on end of strap. Secure forearm strap. Position strap pad.

MP Extension—Pull straps to desired tension and secure to hook. Adjust as needed.

Wrist Extension—Wrap strap around proximal supra structure. Pass through roller buckle and pull strap to desired tension and secure. Strap has hook on both ends for length adjustment.



### ADJUSTMENTS

—“Non slip” pads—

Under fingers—position & attach to liner

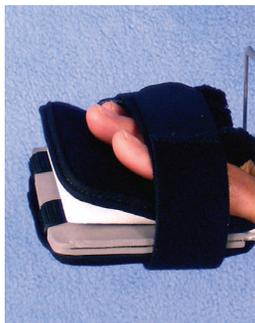
On strap for fingers—position & attach to loop on strap

—Extension wedge—

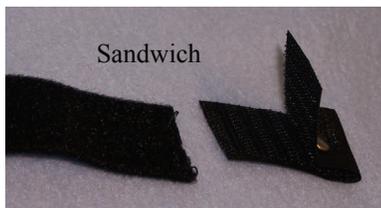
Reflect liner—Attach to platform using hook & loop—Trim as needed—Replace liner

### END RANGE EXTENSION

Remove wrist extension strap and replace with long wrist extension strap. Attach to under side of liner. Use roller buckle for adjustment. If necessary use “sandwich” to adjust length of strap.



Forearm strap length adjustment



Wrist End Range



Store splint when not in use

Travel Bag

### CLEANING

Clean with mild soap and damp towel. Use damp towel to remove excess soap. Air dry completely before reapplying.

♦Immediately contact your health care professional if you are experiencing loss of sensation, swelling, skin irritation, or have any questions or concerns.

Single patient use. To be used only when ordered by a physician and applied by qualified medical professional

Printed on Recycled Paper 

