

# INSTRUCTIONS

## #19 STATIC PROGRESSIVE POSITIONING TO FLEX PIP & DIP

Provides static progressive positioning to help correct elastic extension contractures and joint tightness.

Contra indicated for: Fixed Contractures, Fragile Skin, Severe Edema, and Unhealed Fractures.

\*Tightening flexion strap will exert a force to flex PIP & DIP Joints. Range of motion should be increased very gradually, and tolerated by the patient.

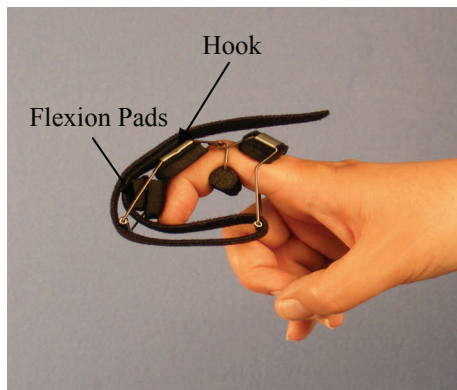
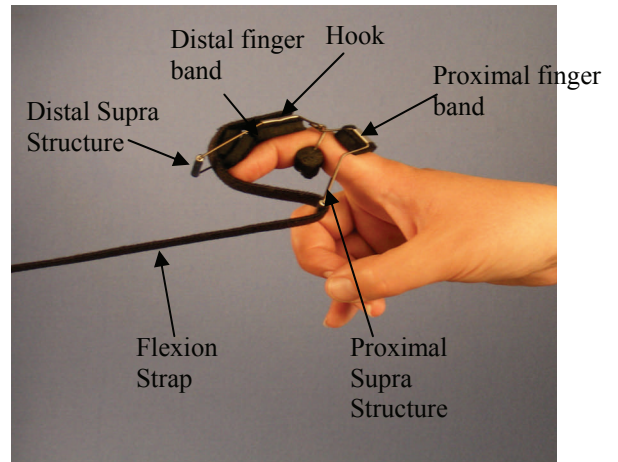
Excessive force can cause joint damage, skin breakdown, and pain. Do not be overly aggressive. Depending on condition of patient, establish an appropriate schedule for wearing, skin examination and amount of force.

### APPLICATION

Loosen flexion strap. Slide finger into splint, position PIP joint between proximal and distal finger bands.

Pass flexion strap on top of distal and proximal supra structures.

**Flexion Pads:** Use hook to position and secure to flexion pads strap. Bringing strap forward under supra structures will flex finger. Pull strap to desired tension and secure to hook. Readjust as needed.



Clean with mild soap and damp towel. Use damp towel to remove excess soap. Air dry completely before reapplying.

- ◆ **Immediately contact your health care professional if you are experiencing loss of sensation, swelling, skin irritation, or have any questions or concerns.**

Single patient use. To be used only when ordered by a physician and applied by qualified medical professional

